

# ASD Strategies in Action

## Many Faces of Autism Course 1.5 Hours

A free course that will introduce you to characteristics of autism spectrum disorder (ASD) and dispel common misconceptions through the experiences and perspectives of individuals on the autism spectrum. Whether you are a parent, grandparent, neighbor, co-worker, teacher, bus driver, or librarian, you will find valuable insights and information in this 90-minute course.

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### Many Faces of Autism

An Introduction to Characteristics and Simple Strategies  
90 Minutes

#### Module Description:

This introductory module presents information about unique characteristics of autism spectrum disorder (ASD), including social-communication, restricted interests and patterns of behavior, sensory, cognition and information processing, and emotional regulation. Five simple strategies are introduced that may be used anytime, anywhere with young children, students, and adults with ASD.

#### Learning Objectives:

- Provide an understanding of the spectrum of skills that characterize autism spectrum disorder, or ASD.
- Dispel common misconceptions about ASD.
- Provide simple strategies that may be helpful for individuals with ASD.

Chapter 1: Social Communication

Chapter 2: Restricted Interests and Patterns of Behavior

Chapter 3: Sensory

Chapter 4: Cognition and Information Processing

Chapter 5: Emotional Regulation

Chapter 6: Simple Strategies